

Spring 2024
Explore & Play Guide
Loyalist Township



@exploreloyalist

Odessa Municipal Office
263 Main Street, Odessa
613-386-7351


www.loyalist.ca

Parks & Recreation Master Plan

A Decade of Play



Did you know that Loyalist Township is creating a new Parks and Recreation Master Plan?

Since 2017, we've witnessed considerable growth and changing demographics, leading to evolving community expectations for parks, recreation infrastructure, and services. Currently in progress is the development of a Parks and Recreation Master Plan titled "A Decade of Play," which aims to strategically manage the direction of parks and recreation, including infrastructure and services, for the next 10 years in the Township.

This plan's creation will involve incorporating public input, surveys, planning initiatives, existing development, physical characteristics, and other relevant factors. Your input is highly valued, particularly in the early stages of this planning process.

Share Your Thoughts!



We want to hear from you! Scan the QR code to the left or search the following address online to complete our short survey:

<https://www.surveymonkey.com/r/loyalistPRMP>

We are collecting feedback on the development of the new Parks and Recreation Master Plan and would love to hear your thoughts on facilities, green spaces, programs, and more. Your feedback will help us gauge what can be improved.

Learn More

We invite you to visit our web page www.loyalist.ca/PRMasterPlan to learn more about the project, timelines, and more. Updates will be posted regularly including opportunities to engage and provide your valuable feedback.

You can also sign-up for email updates regarding the Parks and Recreation Master Plan!

W.J. Henderson Recreation Centre Renewal

Project Update

Design work for the W.J. Henderson Recreation Centre Renewal project is well underway, and construction is on track to begin this spring. The first phase of work, which will involve renovations to the existing building, will take place between April and August 2024. The library will remain open during this period; however, the rest of the facility will be closed so construction can proceed unimpeded.

Users are reminded that the last ice day for the 2023-2024 season will be March 24, 2024. We look forward to welcoming everyone back to the facility in September!

Work on the new aquatic building is also scheduled to begin this spring and will be completed in December 2025. Construction updates and progress pictures will be sent out regularly, so be sure to sign up for the project email list and follow Loyalist Township on social media to stay up to date.

Fundraising Committee

A fundraising committee for the W.J. Henderson Recreation Centre Renewal Project will be assembled in early 2024. The purpose of this committee will be to seek donations and sponsorships which can be applied towards the project.

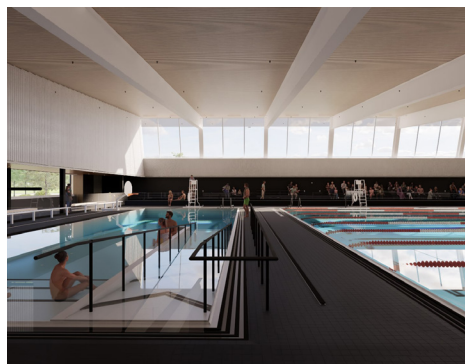
More news on committee recruitment will be shared on our website and social media channels!

Important Dates

- March 24th, 2024: Last ice day at the arena
- April 2024 (date TBD): Groundbreaking ceremony
- March 25th – September 2nd, 2024: The building will be closed to the public for construction (the library will remain open during this time)
- September 3rd, 2024: Arena re-opened to the public

Learn More

Community members can learn more about the W.J. Henderson Recreation Centre Renewal project online at www.loyalist.ca/WJrenewal which includes latest announcements, the Validation Report, timelines, funding, amenities and more.



Registration

Registration Methods

Don't miss out on your favourite Recreation and Aquatics programs! Register as soon as you are eligible to avoid disappointment. There are many ways to register for programs.

Online

Visit loyalist.ca/register
Visa or MasterCard

In Person

W.J. Henderson Recreation Centre
322 Amherst Drive, Amherstview
8:30 am - 4:30 pm Monday to Friday
Visa, MasterCard, Debit, or Cash

Phone

613-386-7351 ext. 200 or 300
8:30 am - 4:30 pm Monday to Friday
Visa or MasterCard

Registration Dates

Loyalist Residents

Monday, March 4th at 12pm

Non-residents

Thursday, March 7th at 12pm

Disclaimer: Cancellations will be emailed and posted on social media.



Register →

loyalist.ca/register or scan QR code



Stay Connected! loyalist.ca/EPNewsletter

Keep yourself in the loop on all things recreation, heritage and event wise by subscribing to the Explore & Play monthly email newsletter!

NEW GIFT CARDS



Gift cards are available for purchase at the WJ Henderson Recreation Centre and the Leisure & Activity Centre during business hours.

loyalist.ca/giftcards

WE ARE HIRING



loyalist.ca/careers

Skating, Aquatics & First Aid

Ice Season Ending Soon!

The 2023/2024 ice season at the W.J. Henderson Recreation Centre is coming to an end soon! The final day for ice is Sunday, March 24th! Lace up your skates and join our final Public Skate from 11:00 a.m. - 12:00 p.m. Preregistration is accepted, walk-ins welcome based on availability.

Our 2024/2025 ice season will start up again in September 2024. Learn more at loyalist.ca/skating.

Swimming Lessons & Lifesaving Programs

Loyalist Township is proud to continue our partnership to use the pools at the BGC South East (West End) and the YMCA of Eastern Ontario (Wright Crescent Branch) for interim aquatic programs for the Spring 2024 season!

Swimming lessons will start in April and run weekly until June on the same weeknights.

Interested in becoming a lifeguard?

Loyalist Township will be offering Bronze courses on Tuesday nights for the Spring 2024 session. Visit loyalist.ca/becomealifeguard to learn more about what certifications you need to complete in advance.

Please remember that all programming is dependent on registration and staffing. Information for Spring 2024 swimming lessons will be available online at loyalist.ca/swimming



Partner Program Pool Locations

BGC South East: 1300 Bath Rd, Unit A-2, Kingston, ON | bgcsoutheast.ca
YMCA of Eastern Ontario: 100 Wright Crescent, Kingston, ON | eo.ymca.ca

Standard First Aid Certification

Have you ever wondered what you would do in a first aid situation? Loyalist Township is proud to offer Standard First Aid with CPR C training and certification on behalf of the Lifesaving Society. This course is a great option for seniors living at home to have in the event of any emergency. Course content covers CPR, the legal implications of First Aid treatment, spinal injuries, heat and cold injuries, bone and joint injuries, chest injuries, and medical emergencies. Additionally, this course is recognized by the WSIB and meets the requirements for Standard First Aid training for employees in most workplaces. **Ages:** 13+

Required Manual: Canadian First Aid Manual - \$20+HST, will be provided on the course's first day.

Day	Session	Time	Cost Classes	Location
Sun	Apr 14 & 21	9:00am-5:00pm	\$120+HST 2 classes	Amherstview Community Hall

Preschool Programs

Note: Our preschool programs are parented programs.

Ball Hockey

Test your little one's hockey skills with Ball Hockey! Players will be divided into teams and will have the chance to test their skills against other teams. Players will need to bring with them a CSA approved helmet with face protection, ABS/composite stick (stick with plastic blade is also acceptable), hockey gloves, running shoes and a water bottle. Small shin pads are recommended.
Ages: 2-4 yrs.

Day	Session	Time	Cost Classes	Location
Mon	May 27-Jun 24	5:30-6:20pm	\$40.45 5 classes	Sk8er Park, Odessa

Floor Hockey for Tots

Introduce your preschooler to the basics of hockey! This program will focus on the development of specific skills like shooting, passing, stick-handling, and balance. Using fun games and activities, toddlers will have a chance to learn and develop an understanding of basic hockey skills to prepare them for when they step on the ice for the first time! Please bring a water bottle, wear active footwear and clothing.
Ages: 2-4 yrs.

Day	Session	Time	Cost Classes	Location
Thurs	Mar 21-May 2	2:00-2:45pm	\$46.20 7 classes	Leisure & Activity Centre
Thurs	May 9-Jun 20	2:00-2:45pm	\$46.20 7 classes	

Parent & Me Soccer

Introduce your preschooler to the game of soccer! This program will foster a love of soccer through the development of fun side games and activities. We will begin to work on agility, balance, coordination, and basic soccer techniques. Please bring a water bottle, wear active footwear and clothing. For poor weather days we will be indoors at the Amherstview Community Hall.

Ages: 2-4 yrs.

Day	Session	Time	Cost Classes	Location
Wed	Mar 20-May 1	9:30-10:15am	\$46.20 7 classes	Leisure & Activity Centre
Wed	May 8-Jun 19	9:30-10:15am	\$46.20 7 classes	

Sports & Games

This program will introduce your toddler to a variety of fun and exciting sports and games! With new sports and games played each week, your toddler will have the opportunity to develop their fine motor skills through play, while learning and interacting with peers. Please bring a pair of indoor shoes and a water bottle.

Ages: 2-3 yrs.

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	4:00-4:45pm	\$46.20 7 classes	Amherstview Community Hall
Tues	May 7-Jun 19	4:00-4:45pm	\$46.20 7 classes	
Thurs	Mar 21-May 2	5:30-6:15pm	\$46.20 7 classes	Collins Bay Public School
Thurs	May 9-Jun 20	5:30-6:15pm	\$46.20 7 classes	



Visit local parks this Spring!

Wilton Playground has a variety of activities for preschoolers including smaller play structures and Spring Riders!

loyalist.ca/parks

Preschool Programs

Little Movers

Let's move! This dynamic program focuses on physical activity, group games that incorporate dance, running, jumping and balance. It's a great, fun, and silly way to start your day!
Ages: 2-4 yrs.

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	2:30-3:15pm	\$46.20 7 classes	Leisure & Activity Centre
Tues	May 7-Jun 18	2:30-3:15pm	\$46.20 7 classes	

Little Builders

This hands-on program introduces little ones to the process of building using different materials like blocks, Legos, popsicle sticks, and clay. Each class will have a new project for littles to explore, using their imaginations to make each project their own!

Ages: 2-4 yrs.

Day	Session	Time	Cost Classes	Location
Thurs	Mar 21-May 2	3:30-4:15pm	\$56.63 7 classes	Leisure & Activity Centre
Thurs	May 9-Jun 20	3:30-4:15pm	\$56.63 7 classes	

Play Group

DROP-IN

In partnership with Lennox & Addington Resources for Children, this playgroup provides drop-in access for preschoolers to socialize and have fun with other friends. Children accompanied by parents, grandparents, guardians, or caregivers are welcome! It is lead by an Early Childhood Educator and includes opening and closing activities and fun educational stations. Come and have fun in an inclusive, relaxed environment! Pre-registration not required.

Ages: 4 and under

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Jun 18	9:30-11:30am	Free 14 classes	Leisure & Activity Centre

Arts & Science

Introduce your little one to the wonders of art and science! Creating age-appropriate crafts and science experiments, children will have the opportunity to discover the exciting world of arts & science!

Ages: 2-4 yrs.

Day	Session	Time	Cost Classes	Location
Wed	Mar 20-May 1	11:00-11:45am	\$56.63 7 classes	Leisure & Activity Centre
Wed	May 8-Jun 19	11:00-11:45am	\$56.63 7 classes	

Mini Artists

Little ones will be introduced to fun holiday themed arts and craft projects in our Mini Artist sessions. At the end of the session, students will get to bring their special artwork home!

Ages: 2-4 yrs.

Day	Session	Time	Cost Classes	Location
Wed	May 8 (Mother's Day)	11:00-11:45am	\$8.09 1 class	Leisure & Activity Centre
Wed	June 12 (Father's Day)	11:00-11:45am	\$8.09 1 class	Leisure & Activity Centre



Children's Programs

Stay tuned for updates on Children's Summer programming!

Ball Hockey

Test your hockey skills and burn off some energy in this fun fast paced hockey program! Players will be divided into teams based on age and hockey experience. Players will need to bring with them a CSA approved helmet with face protection, ABS/composite stick (stick with plastic blade is also acceptable), hockey gloves, running shoes and a water bottle. Small shin pads are recommended.
Ages: 5-8 yrs. (6:30-7:20pm) & 9-12 yrs. (7:30-8:20pm)

Day	Session	Time	Cost Classes	Location
Mon	May 27-Jun 24	6:30-7:20pm	\$40.45 5 classes	Sk8er Park, Odessa
Mon	May 27-Jun 24	7:30-8:20pm	\$40.45 5 classes	Sk8er Park, Odessa

Dodgeball

Duck, dive, dip, and DODGE! Participants will get to play different types of dodgeball games each week. We will focus on the fun and social side of sports. This program is instructor led. Please bring indoor running shoes, water bottle and gym wear. Program is subject to school and bus cancellations.

Ages: 8-11 yrs.

Day	Session	Time	Cost Classes	Location
Thurs	Mar 21-May 2	7:30-8:15pm	\$56.63 7 classes	Collins Bay Public School
Thurs	May 9-Jun 20	7:30-8:15pm	\$56.63 7 classes	

Sports of all Sorts!

Try out a variety of sports in a non-competitive environment! Learn and play sports such as basketball, soccer, and scooter hockey, while building friendships! Bring indoor running shoes and a water bottle.
Ages: 7-10 yrs | **Note:** 6:00-7:00pm class is Girls Only.

Day	Session	Time	Cost Classes	Location
Thurs	Mar 21-May 2	6:00-7:00pm	\$56.63 7 classes	Fairfield Public School
Thurs	May 9-Jun 20	6:00-7:00pm	\$56.63 7 classes	
Thurs	Mar 21-May 2	7:00-8:00pm	\$56.63 7 classes	
Thurs	May 9-Jun 20	7:00-8:00pm	\$56.63 7 classes	

Sports & Games

Play a variety of different sports and games each week that will keep you moving! Enjoy some gym time in a non-competitive atmosphere with your friends. This program is instructor led. Please bring a pair of indoor shoes and a water bottle. Program is subject to school and bus cancellations.

Ages: 4-6 yrs.

Day	Session	Time	Cost Classes	Location
Mon	Mar 18-Apr 29	6:00-6:45pm	\$48.54 6 classes	Collins Bay Public School
Mon	May 6-Jun 17	6:00-6:45pm	\$48.54 6 classes	

Curious Scientist

Our science-based projects are designed to spark a love for learning. We make it fun and educational for students to spend time building, exploring, and creating with their peers.

Ages: 5-8 yrs.

Day	Session	Time	Cost Classes	Location
Wed	Mar 20-May 1	6:00-6:45pm	\$84.98 7 classes	Leisure & Activity Centre
Wed	May 8-Jun 19	6:00-6:45pm	\$84.98 7 classes	

Fun Food Workshops

Learn the art of treat decorating! These workshops allow students to create yummy theme related food. Everyone loves treats, and this workshop will teach you how to make yours stand out!

Ages: 6+ yrs.

Day	Session	Time	Cost Classes	Location
Sat	Mar 30 (Easter)	1:00-2:30pm	\$15.00 1 class	Leisure & Activity Centre
Sat	Apr 20 (Earth Day)	1:00-2:30pm	\$15.00 1 class	Amherstview Community Hall

Children's Programs

Chef School

Experience everything the kitchen has to offer including prep work, basic kitchen skills and safety, and more while making fun food that tastes great! Please send a water bottle and a plastic container!

Note: The 9:30am class will be baking focused, while the 11:15am class will be cooking focused.

Ages: 5-8 yrs. | **No Class:** Mar 31

Day	Session	Time	Cost Classes	Location
Sun	Mar 24-May 5	9:30-10:45am	\$109.26 6 classes	Leisure & Activity Centre
Sun	May 12-Jun 16	9:30-10:45am	\$109.26 6 classes	
Sun	Mar 24-May 5	11:15am-12:30pm	\$109.26 6 classes	
Sun	May 12-Jun 16	11:15am-12:30pm	\$109.26 6 classes	

Art Attack

The students will get to work on a variety of mediums, taking inspiration from the works of famous artists. The students will create works of art to add to their portfolios and to share with their families.

Ages: 5-9 yrs. | **No Class:** Apr 1 & May 20

Day	Session	Time	Cost Classes	Location
Mon	Mar 18-Apr 29	5:30-6:15pm	\$72.84 6 classes	Leisure & Activity Centre
Mon	May 6-Jun 17	5:30-6:15pm	\$72.84 6 classes	
Mon	Mar 25 (Easter)	5:30-6:15pm	\$12.14 1 class	
Mon	May 6 (Mother's Day)	5:30-6:15pm	\$12.14 1 class	
Mon	Jun 10 (Father's Day)	5:30-6:15pm	\$12.14 1 class	

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	5:30-6:15pm	\$84.98 7 classes	Layer Cake Hall, Bath
Tues	May 7-Jun 18	5:30-6:15pm	\$84.98 7 classes	
Tues	Mar 26 (Easter)	5:30-6:15pm	\$12.14 1 class	
Tues	May 7 (Mother's Day)	5:30-6:15pm	\$12.14 1 class	
Tues	Jun 11 (Father's Day)	5:30-6:15pm	\$12.14 1 class	

Paint Night with Jennifer

Participants will express their creative side using paint on a variety of different materials. There will be opportunities for guided creations while learning different techniques as well as freestyle artwork.

Ages: 5-8 yrs.

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	6:00-7:00pm	\$84.98 7 classes	Odessa Free Methodist Church
Tues	May 7-Jun 18	6:00-7:00pm	\$84.98 7 classes	

PA Day Program – Chef School & Art Attack

Start the day off by creating big exciting art projects! After a quick snack, participants will put their cooking skills to the test by creating delicious recipes! Please bring a water bottle and a container.

Ages: 6-10 yrs.

Day	Session	Time	Cost Classes	Location
Fri	May 31	12:00-3:00pm	\$24.28 1 class	Leisure & Activity Centre

Red Cross Stay Safe! (Home Alone)

The program offers basic first aid and safety skills for youth. Participants learn about being safe when they are without the direct supervision of a trusted adult, and will receive a Stay Safe! workbook and certificate upon conclusion. Bring: paper and pen, peanut free lunch and snacks, and a water bottle.

Ages: 9-13 yrs.

Day	Session	Time	Cost Classes	Location
Sat	Apr 20	9:00-2:00pm	\$33.08 1 class	Leisure & Activity Centre
Sat	May 18	9:00-2:00pm	\$33.08 1 class	
Sat	Jun 15	9:00-2:00pm	\$33.08 1 class	

Youth Programs



Youth Volleyball

Enjoy a night of volleyball to play and practice in a friendly environment. The volleyball program is a supervised pre-registered drop-in class that is focused on scrimmaging and not led by a coach. Program is subject to school cancellations such as: school events and bus cancellations.

Note: There are no make-up classes as a result of cancellations.

Ages: 12-15 yrs.

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	6:00-8:00pm	\$56.63 7 classes	Fairfield Public School
Tues	May 7-Jun 18	6:00-8:00pm	\$56.63 7 classes	

Extreme Art

Participants will learn fundamental drawing, painting, clay sculpting techniques and many creative crafts. Each class, they will discover a variety of art media like watercolours, acrylic paints, oil pastels, clay, and many more through creative projects.

Ages: 10-13 yrs. | **No Class:** Apr 1 & May 20

Day	Session	Time	Cost Classes	Location
Mon	Mar 18-Apr 29	6:30-7:15pm	\$72.84 6 classes	Leisure & Activity Centre
Mon	May 6-June 17	6:30-7:15pm	\$72.84 6 classes	

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	6:30-7:15pm	\$84.98 7 classes	Layer Cake Hall
Tues	May 7-Jun 18	6:30-7:15pm	\$84.98 7 classes	

Paint Night with Jennifer

Participants will express their creative side using paint on a variety of mediums. There will be guided instructional creations while learning different techniques as well as opportunities for freestyle artwork.

Ages: 10-13 yrs.

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	7:15-8:30pm	\$106.19 7 classes	Odessa Free Methodist Church
Tues	May 7-Jun 18	7:15-8:30pm	\$106.19 7 classes	

Youth Programs

Learn to Draw

Enhance your drawing skills with BFA fine artist Bonnie Humber. Instead of being told how to draw a specific picture step by step, Bonnie will provide you with the skills to approach any subject matter with confidence. Materials will be provided, but students are encouraged to bring their sketchbook!

Ages: 12-17 yrs.

Day	Session	Time	Cost Classes	Location
Thurs	Mar 21-May 2	6:00-8:00pm	\$113.26 7 classes	Leisure & Activity Centre
Thurs	May 9-Jun 20	6:00-8:00pm	\$113.26 7 classes	

Fun with Fashion

Create one-of-a-kind clothes with thrift shop finds, while learning simple sewing techniques with a needle and thread. Creative use of buttons, enhanced hemlines, embroidery stitches, beads and sequins. Sign up with a friend! **No Class:** Mar 30

Ages: 9-14 yrs.

Day	Session	Time	Cost/Classes	Location
Sat	Mar 23-May 4	1:00-2:30pm	\$72.84 6 classes	Leisure & Activity Centre
Sat	May 11-Jun 15	1:00-2:30pm	\$72.84 6 classes	

Master Chef

Take your culinary skills to the next level! The Master Chef program offers advanced recipes that will test your skills! The program features recipes from around the world to help expand culinary abilities.

Ages: 13-17 yrs.

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	6:00-7:30pm	\$127.47 7 classes	Leisure & Activity Centre
Tues	May 7-Jun 18	6:00-7:30pm	\$127.47 7 classes	

Red Cross Babysitters Course

Offers basic first aid and care-giving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families. Upon successful completion of the course, a certificate will be issued. Please bring the following items with you to the course: paper and pen, doll or teddy bear, peanut free lunch and snacks, and a water bottle.

Ages: *11-15 yrs. (*Must be 11 on or before course)

Day	Session	Time	Cost Classes
Sat	Apr 27	9:00am-4:00pm	\$66.15 1 class
Sat	May 25	9:00am-4:00pm	\$66.15 1 class
Sat	Jun 22	9:00am-4:00pm	\$66.15 1 class

Location

Leisure & Activity Centre



Red Cross Youth Leader

This training program is a requirement to teach the Stay Safe! and Babysitting courses. With the required prerequisites, candidates enter into this comprehensive Youth Leader Program, to prepare them to teach, facilitate and support dynamic, learner-centered classroom environments. This course consists of online learning modules (5-7 hours) and upon completion of this training, candidates must then successfully complete a teaching experience in a Red Cross Youth First Aid Program.

Prerequisites: 16 years of age and hold a current Standard First Aid & CPR 'C' certificate
This course can be started at any time and for more information please contact the Recreation Programmer at mparry@loyalist.ca

Adult Programs

Ages: 18+ years

PWR!Moves Parkinson's Fitness

A Parkinson-specific exercise class that “makes function, exercise” to keep you moving and doing more of what you want to do! As you practice, you will be challenged physically and cognitively while working on fitness goals: strength, balance, agility, aerobics, and flexibility. Exercises are designed to improve your fitness, counteract your PD symptoms and increase your daily activity. This whole body, function-focused exercise class will push you to do more than you think you can through seating and standing exercises. Programs will be well rounded to serve the entire group. **No Class:** Mar 29

Day	Session	Time	Cost Classes	Location
Fri	Mar 22-May 3	1:00-2:00pm	\$60.00 6 classes	Leisure & Activity Centre
Fri	May 10-Jun 21	1:00-2:00pm	\$70.00 7 classes	

Fitness for Osteoporosis

Join a fitness class that will help you strengthen your muscles and bones, help you improve your balance to avoid falls/fractures, and learn how to live well with osteoporosis. This class is a mix of seated and standing exercise. **No Class:** Mar 29

Day	Session	Time	Cost Classes	Location
Fri	Mar 22-May 3	2:15-3:15pm	\$60.00 6 classes	Leisure & Activity Centre
Fri	May 10-Jun 21	2:15-3:15pm	\$70.00 7 classes	

Otago Falls Prevention Program

The Otago Exercise Program is one of a few evidence-based, fall prevention programs that has demonstrated success in improving strength and balance to reduce falls and fall related injuries among older adults. The program is best suited for individuals who have fallen in the past year, have muscle weakness and balance difficulties, and those who can walk in their own home with or without a walking aid. **No Class:** May 20

Day	Session	Time	Cost Classes	Location
Mon	Apr 8-Jun 17	1:00-2:00pm	\$70.00 10 classes	Leisure & Activity Centre

Qigong Class

Qigong uses exercises to optimize energy within the body, mind, and spirit. It is a system of coordinated body-posture and movement, breathing, and meditation used for multiple health benefits like lowering blood pressure and reducing stress. **No Class:** Mar 31

Day	Session	Time	Cost Classes	Location
Sun	Mar 24-May 5	9:00-9:45am	\$49.50 6 classes	Leisure & Activity Centre
Sun	May 12-Jun 16	9:00-9:45am	\$49.50 6 classes	



Adult Programs

Ages: 18+ years

Senior's Social Club

Recreational activities for seniors that includes boardgames, backyard games, trivia, card playing, entertaining media presentations and interactive games, along with seasonal and holiday activities to help keep you engaged and having fun!

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	9:30am-12:00pm	\$74.97 7 Classes	Amherstview Community Hall
Tues	May 7-Jun 18	9:30am-12:00pm	\$74.97 7 Classes	

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	2:00-4:00pm	\$60.00 7 Classes	Odessa Free Methodist Church
Tues	May 7-Jun 18	2:00-4:00pm	\$60.00 7 Classes	

Celebrate Seniors Month with us!

SENIORS EXPO

Aging Well Together



Thursday, June 6, 2024 | 10:00 a.m. - 2:00 p.m.

Odessa Fairgrounds, 231 Main Street, Odessa

*Learn about programs, services and opportunities from **50+** local exhibitors!*

loyalist.ca/events



For more information on programs, visit
loyalist.ca/recreation

Adult Programs

Ages: 18+ years



Painting with Bonnie

Enjoy acrylic painting through a step-by-step lesson with instructions and a demonstration. Paint, easels, canvases, and brushes are provided, and no previous experience is necessary. Just wear an old shirt and have fun! **No Class:** Apr 1 & May 20

Day	Session	Time	Cost Classes	Location
Mon	Mar 18-Apr 29	1:30-3:30pm	\$145.68 6 classes	Leisure & Activity Centre
Mon	May 6-Jun 17	1:30-3:30pm	\$145.68 6 classes	

Paint Night

Enjoy some time with friends and family painting a one-of-a-kind masterpiece! All supplies for paint night will be provided - all you'll need to bring is your creative, artistic side!

Ages: 18+

Day	Session	Time	Cost Classes	Location
Sat	Apr 13	1:00-3:00pm	\$24.28 1 class	Leisure & Activity Centre
Sat	May 11	1:00-3:00pm	\$24.28 1 class	
Sat	Jun 8	1:00-3:00pm	\$24.28 1 class	

Crafty Adults

Looking for a night of creativity and fun? Come out to the Leisure & Activity Centre for a unique craft. We'll be trying various art projects from sculpting animals out of paper mache, to making wearable art with reverse-tie-dye! Take home beautiful decorations you made yourself, learn new techniques you can use on your projects at home, and enjoy the company of fellow crafters!

Ages: 18+

Day	Session	Time	Cost Classes	Location
Tues	Mar 19-Apr 30	2:00-4:00pm	\$169.96 7 Classes	Leisure & Activity Centre
Tues	May 7-Jun 18	2:00-4:00pm	\$169.96 7 Classes	

Spring Chocolate Creations

Learn the art of creating your favourite chocolate treats! This workshop will teach you the process for creating delicious chocolate recipes with step-by-step instructions. With creations like chocolate bark, chocolates with fillings, molded and painted chocolates, your homemade chocolate treats can be a great gift for someone, or you can enjoy them all to yourself! All supplies will be provided.

Ages: 18+

Day	Session	Time	Cost Classes	Location
Sat	Mar 19	1:00-3:00pm	\$24.28 1 Class	Leisure & Activity Centre

Adult Programs

Ages: 18+ years

30-DAY FITNESS MEMBERSHIPS



\$43.34!



For more information visit us online!

loyalist.ca/fitness

Dodgeball

If you can dodge a wrench, you can dodge a ball! Duck dive, dip, and DODGE! Enjoy a night of good old-fashioned dodgeball! Participants will get to play various types of dodgeball each week in this instructor led program. Program is subject to school and bus cancellations.

No Classes: Apr 1, May 20

Day	Session	Time	Cost Classes	Location
Mon	Mar 18-Apr 29	7:00-8:00pm	\$48.54 6 Classes	Collins Bay Public School
Mon	May 6-Jun 17	7:00-8:00pm	\$48.54 6 Classes	

Line Dancing Remembered

Join us as we remember previous line dances and songs we have grown to know and love over the years. For knowledgeable Line Dancers who have previous line dancing experience in the Beginner and Improver levels. **No Classes:** Apr 1, May 20

Day	Session	Time	Cost Classes	Location
Mon	Mar 18-Apr 29	1:00-2:00pm	\$33.06 6 Classes	Amherstview Community Hall
Mon	May 6-Jun 17	1:00-2:00pm	\$33.06 6 Classes	

Standard First Aid Certification

Have you ever wondered what you would do in a first aid situation? Loyalist Township is proud to offer Standard First Aid with CPR C training and certification on behalf of the Lifesaving Society. This course is for participants ages 13+ and is a great option for Seniors living at home to have in the event of any minor or major emergency. Course content covers CPR, the legal implications of First Aid treatment, spinal injuries, heat and cold injuries, bone and joint injuries, chest injuries, and medical emergencies. Additionally, this course is recognized by the WSIB and meets the requirements for Standard First Aid training for employees in most workplaces. **Ages:** 13+

Required Manual: Canadian First Aid Manual - \$20+HST, will be provided on the course's first day.

Day	Session	Time	Cost Classes	Location
Sun	Apr 14 & 21	9:00am-5:00pm	\$120+HST 2 classes	Amherstview Community Hall

Parks, Trails & Sports Fields

Explore the Township's natural beauty

Parks & Sports Fields

Loyalist Township has an abundance of parkland and sports fields with a range of amenities including beaches, playgrounds, sports fields, gazebos and more. These green spaces allow our community to reconnect with nature. Learn more about Township trails at loyalist.ca/parks.



Bath Tennis Courts and Park

Amenities:

- One tennis court
- Four pickleball courts
- Paved walking path

DYK that pickleball is North America's fastest growing sport!



J. Earl Burt Memorial Field

Amenities:

- Baseball diamond
- Bleachers
- Open field space

Get active at one of our sports fields this Spring!

Share your local nature finds this Spring!

Whether you see local wildlife, or are just testing out our local parks for the first time this Spring, we want you to share it with us by taking a photo and tagging [@exploreloyalist](https://twitter.com/exploreloyalist) on social media!



Loyalist Parkway

The Loyalist Parkway follows the course of Loyalist settlement. It offers a wide choice of accommodation, sightseeing and recreation for the whole family including this green space at Finkles Shore Park. A one metre wide paved shoulder has been provided for cyclists along its length. There are over 40 listed archaeological sites and at least 125 notable heritage buildings adjacent to the Parkway. loyalist.ca/trails

Advertising & Sponsorships

Opportunities for businesses

Sponsorships

Sponsoring Township-hosted special events and programs is an excellent opportunity to promote your business while also making a difference in the community.

Event Sponsorship

Being an event sponsor gives you immediate access to thousands of consumers and enhances your brand value among event participants. Depending on the event sponsorship, additional advertising opportunities may include:

- Radio or print ads
- On-site booth displays
- Signage and announcements
- Logos on posters, flyers and promotional materials
- Hosting opportunities or public address opportunities
- Social media and website recognition

Become a sponsor at one of our community events. Sponsorship levels, fees and benefits vary depending on the event.

Email us for more information on event sponsorships: communications@loyalist.ca



Program and Activity Sponsorship

Your business can support the community by sponsoring a public skate, public swim, or program.

All sponsorships include the following:

- Promotion in the Township's online events calendar
- Advertising on poster frames within the Township's recreation facilities
- Listing on the Township's public skating web page
- Mention on the Township's social media outlets with the sponsor tagged
- Mention on the electronic sign outside of the W.J. Henderson Recreation Centre during promotion
- Inclusion in the Explore & Play newsletter
- Logo listed on online registration pages

Sponsorship fees include the cost of staff, materials and required insurance.

Note: Sponsored skates and swims are open to the public.

Email us to book your sponsored skate or swim date: communications@loyalist.ca



Loyalist
T O W N S H I P



Loyalist Township's SPRING EGG HUNT

Hop on by for our annual Spring Egg Hunt!
Join us for crafts, games, live music, a Bunny visit, a family skate and of course a fun outdoor egg hunt.
This event happens rain or shine, or snow!


SATURDAY, MARCH 23, 2024
9:00 AM - 12:00 PM

W.J. Henderson Recreation Centre
322 Amherst Drive, Amherstview



REGISTRATION IS REQUIRED
\$5 PER CHILD
CHAPERONES ARE FREE
VISIT: [LOYALIST.CA/EVENTS](https://www.loyalist.ca/events)

Event Partners



**Lennox &
Addington
LIBRARIES**



LET'S MAKE A DIFFERENCE BY DOING
SOMETHING GOOD FOR OUR PLANET!

EARTH DAY

APRIL 22, 2024

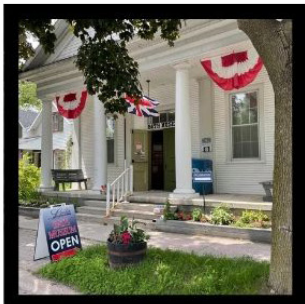
LEARN HOW YOU CAN GET INVOLVED AND
HELP OUR EARTH BY VISITING
LOYALIST.CA/EVENTS



Explore History & Heritage this summer in Loyalist Township

Looking for local destinations to visit this summer? Loyalist Township is home to four heritage museums that will be open this season. Learn about local history and participate in a variety of fun and educational activities.

For site specific opening hours and information visit
loyalist.ca/historyandheritage.



**Bath Museum & Visitor
Information Centre**

434 Main St.
Bath



Fairfield Homestead

4574 Bath Rd.
Amherstview



Babcock Mill

100 Bridge St.
Odessa



**Neilson Store Museum
& Cultural Centre**

5220 Front Rd.
Stella, Amherst Island

FAMILY FISHING DAY

— in Loyalist Township —



Check out our website for information about the free shuttle, travel tips, ferry schedule and to register.

Event is FREE to attend!

PRE-REGISTRATION IS REQUIRED.

LOYALIST.CA/EVENTS

Saturday, May 11th, 2024

10:00 am - 2:00 pm

Stella Bay Park, Amherst Island

5220 Front Road, Stella
Amherst Island, KOH 2S0



Neilson Store
Museum and
Cultural Centre