



COVID-19 Facility Procedures

Leisure & Activity Centre - Adult Fitness

Please be advised that it is the responsibility of every Client to adhere to the following procedures:

Screening

Before travelling to the Leisure & Activity Centre please review and answer the screening questions. For an up to date list of self-screening questions, please visit <https://covid-19.ontario.ca/self-assessment/>.

If you answer yes to any of the screening questions, you are asked not to enter, and are advised to contact your primary care provider or a COVID-19 Assessment Centre or Telehealth Ontario.

Upon arriving at the facility, you will be asked to confirm that you have passed the screening and will be required to sign a program waiver.

Reservation for fitness class

Pre-registration (online or by phone) is required for all fitness classes in order to maintain contactless transaction and ensure accurate contact tracing records. Clients are encouraged to only sign up for one fitness class per day. Registration for residents will be open 96 hours before the class starts and 48 hours for non-residents. Please ensure that your contact information (Phone number, address and email address) is up to date on your Client profile.

Facility entrance and traffic flow

Only clients that have registered for a fitness class will be permitted into the facility.

All clients will need to enter the facility using the front entrance located at the North side of the facility. Doors will be opened ten (10) minutes prior to the class starting to allow the Client to enter the facility, use hand sanitizer, scan in at the front desk, sign a waiver, and move to their assigned station. Please follow the signage on the floors to ensure a safe flow of traffic through the facility. Doors will remain locked after the registered clients have entered the building.

Once the class is over please leave the equipment in your station and follow the signs to the exit door immediately following the end of the class. This is to allow staff the time to clean and disinfect the equipment/room as per public health requirements.

Physical distancing and face coverings/masks

Any person who enters or uses the facility MUST maintain a physical distance of at least (2) two metres from any other person who is using the facility except individuals who are from the same social circle.

It is mandatory that all individuals wear a face covering/mask while in the facility. Face coverings/masks can be removed while participants are engaged in physical activity. If the client moves from their designated station in the studio they must wear a face covering/mask.

A Person shall be exempt from wearing a Face Covering only on the premises laid out in by KFL&A Section 22 Order.



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Washrooms and changerooms

Washrooms are open for one client at a time but the changing section including showers are closed. Clients are permitted to bring belongings into the facility and must take those belongings to their designated station in the studio. Personal items should be kept to a minimum.

Capacities

The maximum number of people permitted in the fitness studio is eleven (11) for phase one. This is the total number including instructor and clients per class.

Parking lot

The parking lot is considered part of the facility and all regulations regarding social distancing and gathering limits apply. All facility users must ensure that the guidelines and regulations from the Municipal, Provincial and Federal governments along with the local public health unit are practiced.

Suspected COVID-19

If anyone suspects that they have contracted COVID-19 or have come into close contact with someone that has contracted COVID-19, you shall notify the Township within 24 hours. For more information on COVID-19 and COVID-19 Assessment Centres, visit <https://www.kflaph.ca/en/healthy-living/novel-coronavirus.aspx> or contact KFL&A Public Health at 1-800-267-7875.

Assumption of risk

The novel coronavirus (COVID-19) has been declared a worldwide pandemic by the World Health Organization. COVID-19, like many other viruses, is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, provincial and municipal governments and health agencies continue to recommend the practice of social distancing.

While Loyalist Township has put in place preventative measures to reduce the spread of COVID-19, the Township cannot guarantee that you and/or your child(ren) will not become infected with COVID-19, or any other virus. Further, attending programs or facilities in Loyalist Township could increase your risk and your child(ren)'s risk of contracting COVID-19, or any other virus.

These procedures are in place to help protect all Loyalist Township facility users and staff. Procedures will be reviewed on an ongoing basis and changes will be made as needed and when possible. Loyalist Township thanks everyone for their cooperation.