



COVID-19 Facility Procedures

W.J. Henderson Recreation Centre – Pool – Aquafit Classes

Please be advised that it is the responsibility of every Client to adhere to the following procedures:

Screening

Before travelling to the W.J. Henderson Recreation Centre, each person coming to the facility must review and answer the screening questions. For an up to date list of self-screening questions, please visit <https://covid-19.ontario.ca/self-assessment/>. If you answer yes to any of the screening questions, you are asked not to enter, and are advised to contact your primary care provider or a COVID-19 Assessment Centre or KFLA Public Health.

Upon arriving at the facility, you will be asked to confirm that you have passed the screening.

Reservation for aquafit class

Pre-registration (online) is required for all aquafit classes in order to maintain contactless transaction and ensure accurate contact tracing records. Clients are encouraged to only sign up for one aquafit class per day. Registration for residents will be open 96 hours before the class starts and 48 hours for non-residents. Please ensure that your contact information (Phone number, address and email address) is up to date on your Client profile.

Facility entrance and traffic flow

Only clients that have registered for an aquafit class will be permitted into the facility.

All clients will need to enter the facility using the entrance on the upper level located at the North side of the facility. Doors will be opened fifteen (15) minutes prior to the class starting to allow the Client to enter the facility, use hand sanitizer, check-in at the front desk, remove outdoor clothing and shoes (shoes/boots can be left in the changeroom, please bring outdoor clothing to the pool deck with you), and travel through the change rooms to the pool deck. Please follow the signage on the floors, walls, and doors to ensure a safe flow of traffic through the facility. Doors will remain locked after the registered clients have entered the building.

Aquatic Staff will direct you when it is safe to enter or exit the water. You must maintain a distance of two (2) metres between yourself and other participants (unless they are in your social circle) as you enter and exit the pool.

Once the class is over, please promptly dry off on deck. Once dried off, you will transit back through the changerooms and out of the facility as promptly as possible. This is to allow staff the time to clean and disinfect the changerooms and pool area as per public health requirements.

Physical distancing and face coverings/masks

Any person who enters or uses the facility MUST maintain a physical distance of at least (2) two metres from any other person who is using the facility except individuals who are from the same social circle.

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It is mandatory that all individuals wear a face covering/mask while in the facility. Face coverings/masks can be removed once participants have been directed by Aquatic Staff to enter the water. When unmasked, you MUST maintain a physical distance of at least two (2) metres from any other person unless they are from the same social circle.

A Person shall be exempt from wearing a Face Covering only on the premises laid out in by KFL&A Section 22 Order.

Washrooms and changerooms

Washrooms are open for one (1) client at a time. Clients are encouraged to arrive with their swimsuit on underneath outside clothing. Showers are closed and clients are advised to shower at home prior to their arrival and after their swim/class. The changing area is available for use for anyone who needs to change after their swim. The pool changerooms are limited to no more than four (4) people per changeroom at any time. Clients are permitted to bring belongings into the facility and must take those belongings to their designated station on the pool deck. Personal items should be kept to a minimum.

Washrooms are cleaned twice daily and high touchpoints in the changerooms are sanitized after each program.

Capacities

The maximum number of people permitted in an aquafit class is fifteen (15). This does not include the instructor or lifeguards. No spectators are allowed on the pool deck. Exceptions will be made for participants who require a support worker to be present.

Pool deck

The pool deck will have no benches along the west wall of the pool. The bleachers on the north wall of the pool have also been removed. There will be stations on the west, north, and south sides of the pool deck. Bins will be handed out by Aquatic Staff to participants as they enter the pool deck so they can leave their personal belongings at while they are in the water.

All high touchpoints on the pool deck will be cleaned and sanitized between programs.

Equipment

The only equipment available for use will be aquabelts. When your class is done, please leave your aquabelt on the side of the pool deck. Aquatic Staff will be cleaning and sanitizing aquabelts after each class.

Participants are welcome to bring their own aquafit specific equipment with them to the pool provided they do not share with any other participants outside their own social circle.

During class

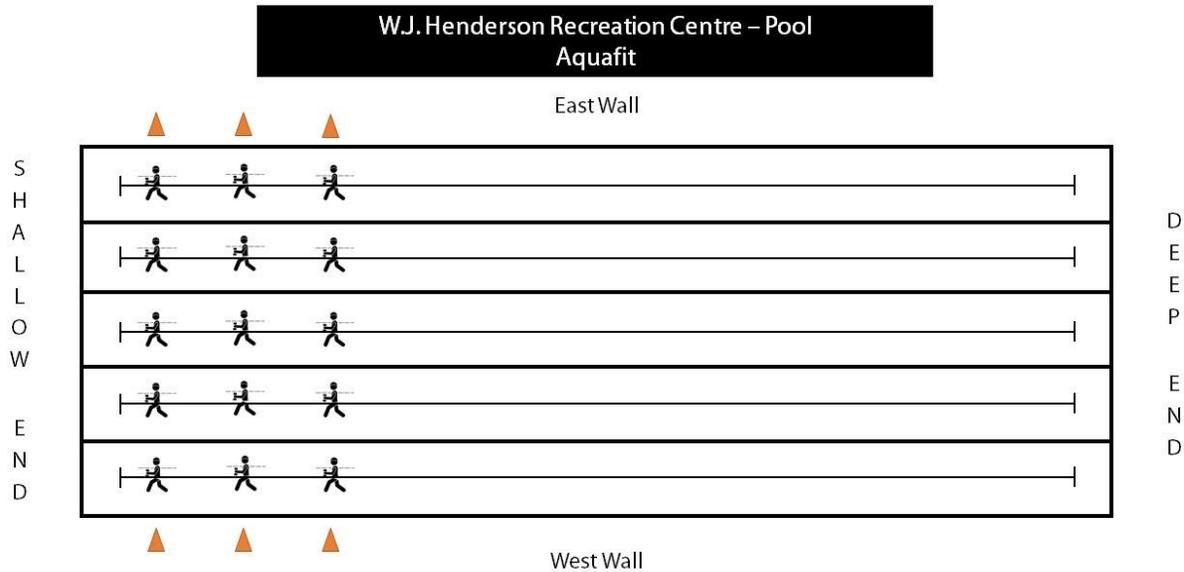
Participants must always maintain two (2) metres of physical distance between each other unless participants are in the same social circle. This will be enforced by Aquatic Staff. Please listen and follow all directions provided by Aquatic Staff.

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To assist with physical distancing, all aquafit classes will take place with lane ropes in place. Three (3) participants will be allowed in each lane and they are to stay centred on the black line and in line with pylons on the deck spaced 2m apart. Please refer to the diagram below for more information.



Water fountains and food

Participants are reminded that there is no food allowed on the pool deck at any time as per Ontario Health Regulation 565. Participants are asked to bring their own PLASTIC or METAL water bottle with them to class pre-filled. Glass bottles are not permitted on the pool deck as per Ontario Health Regulation 565. You can refill your bottle from the bottle fill station on the pool deck. The water fountain spout will be closed.

Parking lot

The parking lot is considered part of the facility and all regulations regarding social distancing and gathering limits apply. All facility users must ensure that the guidelines and regulations from the Municipal, Provincial and Federal governments along with the local public health unit are practiced.

Suspected COVID-19

If anyone suspects that they have contracted COVID-19 or have come into close contact with someone that has contracted COVID-19, you shall notify the Township within 24 hours. For more information on COVID-19 and COVID-19 Assessment Centres, visit <https://www.kflaph.ca/en/healthy-living/novel-coronavirus.aspx> or contact KFL&A Public Health at 1-800-267-7875.

Assumption of risk

The novel coronavirus (COVID-19) has been declared a worldwide pandemic by the World Health Organization. COVID-19, like many other viruses, is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, provincial, and municipal governments and health agencies continue to recommend the practice of social distancing.

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While Loyalist Township has put in place preventative measures to reduce the spread of COVID-19, the Township cannot guarantee that you and/or your child(ren) will not become infected with COVID-19, or any other virus. Further, attending programs or facilities in Loyalist Township could increase your risk and your child(ren)'s risk of contracting COVID-19, or any other virus.

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