



COVID-19 Facility Procedures

W.J. Henderson Recreation Centre – Pool – Private and Semi-Private Swimming Lessons

Please be advised that it is the responsibility of every Client to adhere to the following procedures:

Screening

Before travelling to the W.J. Henderson Recreation Centre, each person coming to the facility must review and answer the screening questions. For an up to date list of self-screening questions, please visit <https://covid-19.ontario.ca/self-assessment/>. If you answer yes to any of the screening questions, you are asked not to enter, and are advised to contact your primary care provider or a COVID-19 Assessment Centre or KFLA Public Health.

Upon arriving at the facility, you will be asked to confirm that you have passed the screening.

Registration for Private/Semi-Private Lessons

Pre-registration (online or by phone) is required for all lessons in order to maintain contactless transaction and ensure accurate contact tracing records. Registration will open for Loyalist Residents through our Online Registration Portal. Non-Residents will be able to register starting 48 hours after registration opens for Loyalist Residents. Please ensure that your contact information (Phone number, address and email address) is up to date on your Client profile.

If you are looking to register for a Semi-Private lesson, please ensure both participants are within the same social bubble and are of similar skill level. Loyalist Township does not pair participants together for Semi-Private lessons. Once you are ready, register one participant fully (including payment) into your chosen time slot and then call 613-389-3648 to register the second participant over the phone and to pay the balance for the Semi-Private Lesson using a credit card.

Lesson format and capacities

Lessons will take place over three weeks with participants coming twice a week (Mon & Wed or Tue & Thu). Lessons are 30 minutes in length. Only four (4) lessons will take place at a time as per the diagram below. There will be twelve (12) lesson slots available in total per date option. Please note that Instructors will be teaching from 6ft away and will not be making any physical contact with swimmers unless they are required to take action to keep a swimmer safe. As a result, one (1) parent/guardian is required to be in-water with their swimmer(s) for any participant who is a non-swimmer, or is in a Red Cross Swim Preschool level, or is in Red Cross Swim Kids 1-4.

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East Wall



West Wall

Class Ratios: 1 Instructor to 1 or 2 Swimmers*
 Instructors will be teaching from 6ft away at all times.
 *One (1) Parent/Guardian is required to be in the water if your swimmer is a non-swimmer, working on Red Cross Swim Preschool Lessons, or Red Cross Swim Kids 1-4.

Facility entrance and traffic flow

Only clients that have registered for the swimming lessons will be permitted into the facility. One adult will be allowed to enter with their child(ren) to assist with changing and observe on the pool deck.

All clients will need to enter the facility using the entrance on the upper level located at the North side of the facility. Doors will be opened fifteen (15) minutes prior to their lesson starting to allow the Client to enter the facility, use hand sanitizer, check-in at the front desk, remove outdoor clothing and shoes (shoes/boots and coats can be left in the changeroom), and travel through the change rooms to the pool deck. Please follow the signage on the floors, walls, and doors to ensure a safe flow of traffic through the facility. The outside doors will remain locked after the registered clients have entered the building.

Aquatic Staff will direct you when it is safe to enter or exit the water. You must maintain a distance of two (2) metres between yourself and other participants (unless they are in your social circle) as you enter and exit the pool.

Once the lesson is over, please promptly dry off on deck at your assigned station. Once dried, you will transit back through the changerooms and out of the facility as promptly as possible. This is to allow staff the time to clean and disinfect the changerooms and pool area as per Public Health requirements.

Physical distancing and face coverings/masks

Any person who enters or uses the facility MUST maintain a physical distance of at least (2) two metres from any other person who is using the facility except individuals who are from the same social circle.

It is mandatory that all individuals wear a face covering/mask while in the facility. Face coverings/masks can be removed once participants are directed by Aquatic Staff to enter the water. Parents on the pool

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deck must remain masked at all times. When unmasked, you MUST maintain a physical distance of at least two (2) metres from any other person unless they are from the same social circle.

A Person shall be exempt from wearing a Face Covering only on the premises laid out in by KFL&A Section 22 Order.

Washrooms and changerooms

Washrooms are open for one (1) client at a time. Clients are encouraged to arrive with their swimsuit on underneath outside clothing. Showers are closed and clients are advised to shower at home prior to their arrival and after their swim/class. The changing area is available for use for anyone who needs to change after their swim. The pool changerooms are limited to no more than four (4) people per changeroom at any time. Clients are permitted to bring belongings into the facility and must take those belongings to their designated station on the pool deck. Personal items should be kept to a minimum.

Washrooms are cleaned twice daily and high touchpoints in the changerooms are sanitized after each program.

Pool deck

The pool deck will have no benches along the west wall of the pool. The bleachers on the north wall of the pool have also been removed. There will be stations on the west, north, and south sides of the pool deck. Bins will be handed out by Aquatic Staff to participants as they enter the pool deck so they can leave their personal belongings at while they are in the water.

All high touchpoints on the pool deck will be cleaned and sanitized between programs.

Equipment

Only Loyalist Township equipment will be used for lessons. Any equipment used will be cleaned and sanitized before it used by another lesson.

Water fountains and food

Participants are reminded that there is no food allowed on the pool deck at any time as per Ontario Health Regulation 565. Participants are asked to bring their own PLASTIC or METAL water bottle with them to class pre-filled. Glass bottles are not permitted on the pool deck as per Ontario Health Regulation 565. You can refill your bottle from the bottle fill station on the pool deck. The water fountain spout will be closed.

Parking lot

The parking lot is considered part of the facility and all regulations regarding social distancing and gathering limits apply. All facility users must ensure that the guidelines and regulations from the Municipal, Provincial and Federal governments along with the local public health unit are practiced.

Suspected COVID-19

If anyone suspects that they have contracted COVID-19 or have come into close contact with someone that has contracted COVID-19, you shall notify the Township within 24 hours. For more information on

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COVID-19 and COVID-19 Assessment Centres, visit <https://www.kflaph.ca/en/healthy-living/novel-coronavirus.aspx> or contact KFL&A Public Health at 1-800-267-7875.

Assumption of risk

The novel coronavirus (COVID-19) has been declared a worldwide pandemic by the World Health Organization. COVID-19, like many other viruses, is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, provincial, and municipal governments and health agencies continue to recommend the practice of social distancing.

While Loyalist Township has put in place preventative measures to reduce the spread of COVID-19, the Township cannot guarantee that you and/or your child(ren) will not become infected with COVID-19, or any other virus. Further, attending programs or facilities in Loyalist Township could increase your risk and your child(ren)'s risk of contracting COVID-19, or any other virus.

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