

Fall 2026 Drop-In Swim Schedule

October 4 - December 19, 2026



Program Type	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lane Swims	4:00-5:00PM (4 lanes) 5:00-6:00PM	6:00-8:00AM (4 lanes) 10:00-12:00PM 8:00-9:00PM	7:30-9:00AM 12:00-1:00PM	6:00-8:00AM (4 lanes) 10:00-12:00PM	7:30-9:00AM	6:00-8:00AM 9:00-11:00AM 7:00-8:00PM	4:00-5:00PM
Older Adult Lane Swim		9:00-10:00AM	11:00-12:00PM	9:00-10:00AM	11:00-12:00PM	11:00-12:00PM	
Older Adult Leisure Swim		11:00-1:00PM	11:00-12:00PM	11:00-1:00PM	11:00-12:00PM	11:00-1:00PM	
Leisure Swim		7:00 - 9:00PM	12:00 - 1:00PM				
Public Swims	1:00-2:00PM - Sensory Friendly 2:00-4:00PM		8:00- 9:00PM (toonie swim)		8:00- 9:00PM (Women's Only)	8:00- 9:00PM (toonie swim)	1:00-3:00PM
Parent & Tot Swims			8:00-10:00AM		8:00-10:00AM		

Drop-In Swim Descriptions & Information



Lane Swims	Lap swimming only. Please follow lane swim etiquette. Slow, medium and fast lanes available. Lane swims are guaranteed 6 lanes per swim.
Older Adult Lane Swims	This swim is 55+. Lap swimming only. Please follow lane swim etiquette. Slow, medium and fast lanes available. Lane swims are guaranteed 6 lanes per swim.
Public Swims	Recreational swim open to all ages. A swim test is required for all swimmers 9 and under to swim in the deep end of the lap pool. Swim fins, swim flippers and inflatables are not allowed.
Sensory Friendly Public Swims	This public swim is open to people with physical or developmental disabilities along with a caregiver. Caregivers and support workers who attend a swim to assist individuals with special needs will be permitted entry at no charge.
Parent & Tot Swims	This swim is ideal for preschool children aged six and under. Children must be accompanied by a caregiver who is 16 or older. Parent & Tot swims are limited to the Savage Family Leisure Pool
Leisure Swims	Leisure swims run in the leisure pool only. All ages are welcome. Children 9 and under must be accompanied by a person 12 years or older.
Older Adult Leisure Swims	Older adult leisure swims run in the Savage Family Leisure Pool only. This swim is 55+.

Please note:

The Fall session runs: October 4 - December 19, 2026

The facility will be closed on Thanksgiving (October 12, 2026)

Schedule may change without notice. For the most up to date schedule please visit – www.loyalist.ca/recreation