Getting Started: How to Become a **Lifeguard** and/or **Swimming Instructor** and/or **Lifesaving Instructor**

Note: Completion of swimming lessons is NOT a prerequisite for any courses!

Bronze Star	**Optional but Recommended**	**Register Now!**
Bronze Medallion & Emergency First Aid with CPR B	**Prerequisites: 13 years old OR Completion of Bronze Star**	**Register Now!**
Bronze Cross & Standard First Aid with CPR C	**Prerequisites: Bronze Medallion & Emergency First Aid**	**Register Now!**
Lifesaving Society National Lifeguard (NL)	**Prerequisites: 15 years old & Bronze Cross & Standard First Aid***	**Register Now!**
Lifesaving Society Swimming and/or Lifesaving Instructor Courses	**Prerequisites: 15 years old & Bronze Cross**	**Register Now!**

LIFESAVING SOCIETY®
The Lifeguarding Experts

JOIN THE TEAM TODAY!

Required for employment:

- 15 years old
- National Lifeguard
- Standard First Aid
- Swimming Instructor
- Lifesaving Instructor preferred

Apply online at: www.loyalist.ca/careers

*Where Standard First Aid is a prerequisite, it must be issued by a WSIB recognized First Aid Provider. Prerequisites do not need to be current. Some courses require manuals – manual fee is included in course fee during registration unless otherwise indicated.